## **BREAKFAST**

£11.95

# Full English breakfast 1467KCAL Two eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomatoes, flat mushroom, baked beans and toast.

## Light breakfast 831KCAL £8.95

One egg of your choice, one rasher of bacon, breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans and toast.

#### Vegetarian breakfast (V) 723KCAL £8.95

One egg of your choice, grilled halloumi, crushed avocado, hash brown, roasted tomato, flat mushroom, baked beans and toast.

#### Child's breakfast 583KCAL £6.95

Fried egg, breakfast sausage, baked beans, hash brown and toast.

#### Breakfast bruschetta (VG) 596KCAL £8.45

Grilled sourdough toast, fresh spinach, roasted tomatoes, avocado, toasted mixed seeds, basil oil and micro basil.

#### Eggs on toast £6.45

Two eggs of your choice served on white, brown or sourdough toast.

#### Breakfast cob £6.45

Served on a buttered cob with your choice of sausage, bacon, fried egg or grilled halloumi.

#### Bacon cob *364KCAL* £6.45

#### Toast and preserve 462KCAL £3.45

White or brown toast with your choice of preserve (gluten-free bread available).

#### Toasted teacake 276KCAL £2.95

#### Sides £1.95

Avocado 168kcal Mushrooms 63kcal
Bacon 167kcal Poached eggs 131kcal
Baked beans 137kcal Sausage 221kcal

Black pudding 252KCAL Scrambled eggs 384KCAL

Fried eggs 311kCAL Sliced ham 114kCAL
Halloumi 257kCAL Spinach 129kCAL
Hash brown 320kCAL Tomato 114kCAL

Hollandaise 224KCAL

Smoked salmon 94KCAL £2.95

## BREAKFAST SPECIALS

Served until 11:30am

#### Eggs Royale 682KCAL £9.95

Smoked salmon, toasted English muffin, poached eggs and hollandaise.

#### Speciality truffle eggs 619KCAL £9.45

Scrambled eggs with truffle oil and Feta, served with avocado on sourdough toast.

#### Eggs Florentine (V) 637KCAL £8.45

Spinach, toasted English muffin, poached eggs and hollandaise.

#### Eggs Benedict 641KCAL £8.95

Roast Wiltshire ham, toasted English muffin, poached eggs and hollandaise.

#### Breakfast sundae (N) 523KCAL £7.95

Homemade granola, seasonal berry compote, honey and fresh berries.

#### Eggs Cypriot 1042KCAL £8.95

Grilled halloumi, smashed avocado, toasted English muffin, poached eggs and hollandaise.

#### Blue Diamond special shakshuka 456KCAL £8.95

Sautéed onions, peppers, plum tomatoes, baked poached egg and sourdough toast.

#### FOOD ALLERGIES AND INTOLERANCES

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# EAT RIGHT DELI

## CHOOSE YOUR SALAD

Served Ilam - 4pm

Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?

One salad: £3.45 Two salads: £5.95 Three salads: £7.95

Turmeric infused bulgur wheat, parsley, dill, mint, tomatoes, diced cucumber and goji berry (V/VG) 178KCAL

Goji Tabouleh (V/VG) 178KCAL

Turmeric-infused Bulgur wheat, parsley, dill, mint, tomatoes, diced cucumber and goji berries. PAIRS WELL WITH CHICKEN OR FISH

Garden leaf salad (V/VG) 44KCAL

Tomato, cucumber and spring onion.

Greek potato salad with capers (V) 186KCAL

Dill, pickled shallots and Feta cheese.

Barbecue crunchy slaw (V) 72KCAL

Red and white cabbage, carrots, onions, parsley and barbecueflavoured yoghurt dressing.



Why not add any of the above salads to accompany your dish?

Greek-style stuffed aubergine (V) 244 <sub>KCAL</sub> Red onion, peppers, courgettes, black olives, fresh parsley, oregano and Feta cheese. (Vegan cheese available)	£6.45
Parmesan and herb crusted chicken breast 442KCAL	£7.45
Teriyaki-glazed salmon with caramelised lime 339KCAL	£8.95
Glazed ham 287KCAL	£6.95
Homemade sausage roll of the day Please ask a member of the team for today's choice.	£6.95
Homemade quiche of the day Please ask a member of the team for today's choice.	£7.95
Courgette, carrot, spinach and quinoa frittata (V) 343KCAL	£6.45
Homemade beef keema samosa 465KCAL Rustic beef samosa served with mango chutney.	£6.45

## BAKED POTATOES

Served Ilam - 4pm Served with salad garnish

Tuna and lemon crème fraîche 796KCAL		
Baked beans and mature Cheddar cheese (V) 998KCAL (Vegan cheese available)	£7.95	
Classic Coronation chicken 1015KCAL	£8.95	
Melted brie and crispy bacon 1176KCAL	£8.95	
Beef chilli con carne 1308KCAL	£9.95	
Crushed avocado and sour cream.		
Prawn Marie Rose 740KCAL	£9.95	
Add cheese (GF) 248KCAL	£1.95	

## BETWEEN THE BREADS

Served Ilam - 4pm

Choice of baguette, multi-seed roll or bloomer bread. Served with salad garnish and crisps (GF bread available) Swap your salad and crisps for chips: £2.50

Classic Coronation chicken 1071KCAL	£9.45	
Gourmet leaves.		
Egg mayonnaise and chive (V) 923KCAL	£8.45	
Tuna crème fraîche and cucumber 905KCAL	£9.45	
Prawn Marie Rose 894KCAL	£9.95	
Roasted Mediterranean vegetable and red pepper hummus (V/VG) 1006KCAL Fresh arugula.	£9.45	
Ploughman's cheese sandwich 1098KCAL Branston pickle and tomato.	£8.95	

## FRESHLY MADE TOASTED CIABATTAS

Served Ilam - 4pm

Served with salad garnish and crisps. Swap your salad and crisps for chips: £2.50

Grilled back bacon, brie and cranberry sauce 829KCAL	£8.95
Tuna, black pepper mayonnaise and Cheddar melt 823KCAL	£8.95
Glazed ham, mature Cheddar and tomato 805KCAL	£8.95

Smoked applewood, tomato and basil (V/VG) 719KCAL £8.95

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# LUNCH

HOMEMADE MAINS  Served 12pm - 3pm		Served Ilam - 4pm		
·		Gourmet chips (V/VG/GF) 385KCAL	£3.75	
Classic fish and chips (GF) 1356KCAL Sustainably-sourced fresh hand-battered fish served with gourmet chips, peas of your choice, tartare sauce, and a lemon wedge.	£15.95	Cheesy gourmet chips (V/GF) 631KCAL	£4.25	
		Garlic ciabatta with dressed watercress (V) 354KCAL	£3.95	
		Seasonal salad (V/VG) 250kcal	£3.25	
Signature burger 1757KCAL	£14.95	Chilli infused chips (V) 605KCAL	£4.75	
Homemade 8oz beef burger, maple-glazed bacon, mature cheddar, gourmet chips, homemade onion rings and burge	r	Sriracha mayonnaise.		
relish, served in a toasted brioche bun with gherkins, beef		Sweet potato fries (V/VG) 529KCAL	£4.45	
tomato, red onions and gem lettuce.  Maple-glazed ham (GF) 789KCAL		CHILDREN'S LUNCH Served Ilam - 4pm		
Two free-ranged fried eggs, gourmet chips, piccalilli		Fish and chips 803ĸcal	£7.95	
and homemade pickled cabbage.		Hand battered fish with chips and buttered garden peas.	21.73	
Triple egg omelette with three fillings (GF) 868KCAL	£12.95	Half baked potato with baked beans	£5.95	
Choose from: ham, bacon, goats' cheese, mature cheddar, sun-dried tomato, mushroom, spinach, spring onions,		and cheese 624KCAL		
served with gourmet chips and dressed watercress.		Half baked potato with baked beans 484KCAL	£5.95	
Mackerel with rhubarb chutney 766CAL	£13.95	Half baked potato with cheese 645KCAL	£5.95	
Fresh mackerel fillet skewers served with a rhubarb chutney, baby potatoes and spring greens.		Half baked potato with tuna crème fraîche 501KCAL	£5.95	
CHEPIC - 49		Pasta pomodoro (V/VG) 409CAL	£7.45	
CHEF'S CHEF'S RECOMMENDATIONS  Served Ilam - 4pm		Penne pasta in a rich and rustic tomato sauce, sprinkled with Parmesan and served with garlic bread. (Vegan cheese available)		
Зегуей наш - трш		Margherita pizza (V) 233KCAL	£6.95	
Blue Diamond club sandwich 1062KCAL Roast chicken, grilled back bacon, baby gem, tomato,		5" stonebaked margherita pizza topped with tomato sauce and grated mozzarella. Served with chips.	:	
fried egg and lemon and tarragon mayonnaise served with gourmet chips and choice of deli salad.		Sausages and chips 716KCAL	£7.45	
•		Served with baked beans.		
Chicken Caesar salad 776KCAL £12 Roast chicken breast, crispy bacon, cos lettuce, anchovies,		Chicken goujons 554KCAL	£7.45	
sourdough croutons, Parmesan and Caesar dressing.		Served with chips and baked beans.		
Glazed goat's cheese and roasted	£12.45	Children's picnic bag 718KCAL	£5.45	
beetroot salad (V/GF) 958KCAL		Choice of sandwich: cheese, ham, tuna or jam on white or brown bread. Also includes: drink carton, side, piece of fresh fruit and a sweet treat.		
Caramelised walnuts, baby gem, rhubarb chutney and fig coulis.				
Blue Diamond fish butty 906KCAL	£12.95			

#### FOOD ALLERGIES AND INTOLERANCES

Served with homemade tartare sauce, baby gem,

gherkins and gourmet chips.

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# **DRINKS**

COFFEE COFFEE

Please ask for our in-house selection of the finest black teas, flavoured black teas, infusions and green tea. BOTTLED COLD

All our coffees are hand crafted by expert baristas using our very own Blue Diamond blend made from 100% arabica beans grown			BEVERAGES		
in South and Central America.			Coca-Cola	£3.00	
Skimmed and soya milk available upon request. Premium dairy free milks available upon request, please speak to a member of the team - These will incur a 30p surcharge.		•	Diet Coke	£3.00	
		Op surcharge.	Coke Zero	£3.00	
Americano	Reg £2.95	Lrg £3.25	Fanta Orange	£3.00	
Cappuccino	Reg £3.25	Lrg £3.45	Sprite Zero	£3.00	
Espresso	Sgle <b>£2.3</b> O	Dble £2.65	Posh Pop	£3.20	
Flat white (double shot) £3.20		Choose from; Ginger beer with chilli, Cream soda, Plum and cherry, Dandelion and burdock. Sugar-free options;			
Latte	Reg £3.25	Lrg £3.45	Strawberry and rhubarb, Cloudy lemonade or Elderflower.		
Mocha		£3.55	Daymer Bay fruit juice	£3.25	
Flavoured syrup		£0.80	Choose from; Apple, Cranberry, Orange or Pineapple.		
riavoureu syrup			Still or sparkling water	£2.00	
HOT C	HOCOLATI	E purchase and the second	ALCOHOLIC	7	
Hot chocolate		£3.45	ALCOHOLIC BEVERAGES		
Hot chocolate with cream		£3.90			
Luxury hot chocolate with and marshmallows	cream	£4.40	London Pride Ale 500ml bottle	£5.00	
and marsimanows			Gluten-free Peroni	£4.25	
Color	TEA		330ml bottle		
Chai latte		£4.25	Roquette Cider 500ml bottle	£5.00	
Made using black tea and a milk of your choice.			Becks Blue (Alcohol free) £4.0		
Matcha latte		£4.25	275ml bottle		
Made using green tea and a r	milk of your choice.		White wine: Sauvignon Blanc or Pinot G		
Pot of tea for one £2.40		£2.40	Red wine: Merlot or Cabernet Sauvignon Rose		
Our Blue Diamond blend is r	made from the finest (	Ceylon,	125ml glass	£5.45	
Kenyan and Assam tea.			175ml glass	£6.25	
Pot of Speciality loose leaf		£2.85	250ml glass	28.00	
Popular Blends; Earl grey, Ora			75cl bottle	£20.00	
Raspberry and rosehip, Ginger and apple, Strawberry and kiwi, Pure peppermint, Japanese sencha green tea and Pure chamomile.			Italia Prosecco	£6.80	

#### PLEASE ASK FOR OUR SEASONAL HOT AND COLD DRINKS, INCLUDING SMOOTHIES AND MILKSHAKES\*

200ml piccolo bottle

SPEAK TO A MEMBER OF OUR TEAM FOR KCAL AND ALLERGY INFORMATION. \*AVAILABLE AT SELECTED CENTRES.

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