

## LUNCH

### BETWEEN THE BREADS

Served 11am - 4pm

Choice of baguette, multi-seed roll or bloomer bread.  
Served with salad garnish and crisps (GF bread available)  
Swap your salad and crisps for chips: £2.50

Egg mayonnaise and chive (V) 912KCAL	£8.45
Classic coronation chicken and fresh arugula 947KCAL	£9.45
Tuna crème fraîche and cucumber 865KCAL	£9.45
Prawn and crayfish with mild chilli aioli 1015KCAL	£9.95
Ploughmans cheese sandwich with Branston pickle & tomato 1020KCAL	£8.95

### FRESHLY MADE TOASTED CIABATTAS

Served 11am - 4pm

Served with salad garnish and crisps.  
Swap your salad and crisps for chips: £2.50

Grilled back bacon, brie and cranberry sauce 1098KCAL	£8.95
Tuna, black pepper mayonnaise and Cheddar melt 848KCAL	£8.95
Glazed ham, mature Cheddar and tomato 798KCAL	£8.95
Caramelised onion, spinach and goat's cheese (V) 867KCAL	£8.95
Roasted Mediterranean vegetable and Mozzarisella (V/VG) 400KCAL	£9.50

## LUNCH

### SOUP

Served 11am - 4pm

Served with a warm white, brown or GF bread roll.  
Swap your roll for a cheese scone £1.50

Soup of the day £6.95

Please ask a member of the team for today's choice.

### BAKED POTATOES

Served 11am - 4pm

Served with salad garnish

Homemade slow-cooked diced beef chilli with sour cream and avocado (GF) 859KCAL	£10.95
Prawn and crayfish with homemade mild chilli aioli (GF) 707KCAL	£9.95
Tuna and lemon crème fraîche (GF) 656KCAL	£8.95
Baked beans and mature Cheddar cheese (V/GF) 776KCAL (Vegan cheese available)	£7.95
Classic Coronation chicken (GF) 735KCAL	£8.95
Chickpea and spinach curry (V/VG) 781KCAL	£8.95
Add cheese 248KCAL	£1.95

### SIDES

Served 11am - 4pm

Breaded brie with cranberry sauce (V) 620KCAL	£5.95
Garlic ciabatta with dressed watercress (V) 335KCAL	£3.95
Gourmet chips (V/VG/GF) 314KCAL	£3.75
Cheesy gourmet chips (V/GF) 559KCAL	£4.25
Seasonal salad (V/VG/GF) 273KCAL	£3.25





## EAT RIGHT DELI

### CHOOSE YOUR SALAD

Served 11am - 4pm

*Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?*

One salad: £3.25 Two salads: £5.95 Three salads: £7.95

Garden leaf salad, tomato, cucumber and spring onion (V/VG/GF) 46KCAL

Vibrant slaw with savoy, red cabbage, kale, fennel, carrots and grapefruit vinaigrette (V/VG) 421KCAL

Curried cauliflower and chickpea salad (V/VG) 121KCAL

Roasted spiced cabbage, mustard new potatoes, preserved lemon, vegan mayonnaise, chives and crispy onion (V/VG) 368KCAL

### HOMEMADE DELI OPTION

*Why not add any of the above salads to accompany your dish?*

Homemade quiche of the day £7.95

Please ask a member of the team for today's choice.

Homemade sausage roll of the day £6.95

Please ask a member of the team for today's choice.

Herb and lemon poached salmon (GF) 271KCAL £8.95

Parmesan and herb crusted chicken breast (GF) 387KCAL £7.45

Greek style stuffed aubergine (V/GF) 206KCAL £6.45

Red onion, peppers, courgettes, black olives, fresh parsley, oregano and Feta cheese. (Vegan cheese available)

Homemade thyme roasted tomato galette 243KCAL £6.45

Puff pastry, tomato tapenade topped with slow-roasted tomatoes and basil.

Homemade Bombay Aloo scotch egg with coconut and mango yoghurt (V) 273KCAL £6.45

*Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?*

To find out more about our Eat Right Deli concept, along with its benefits, scan the QR code or visit [www.bluediamond.gg/eat-right-deli](http://www.bluediamond.gg/eat-right-deli)



BLUE DIAMOND®

## HOMEMADE MAINS

Served 12pm - 3pm

Breaded turkey escalope (GF) 914KCAL £14.95

Served with gourmet chips, watercress and hollandaise and caper sauce.

Classic fish and chips (GF) 1070KCAL £14.95

Hand battered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, homemade tartare sauce and a lemon wedge.

Signature burger 1546KCAL £14.95

Homemade 8oz beef burger served with maple glazed bacon, melted Monterey Jack cheese, gourmet chips, homemade onion rings and our own cherry tomato relish served in a toasted brioche bun with gherkins, beef tomato, red onions and gem lettuce.

Maple glazed ham (GF) 727KCAL £12.95

Two fried eggs, gourmet chips, golden beetroot piccalilli, homemade red cabbage and caraway salad.

Triple egg omelette with three fillings (GF) 826KCAL £10.95

Choose from: ham, bacon, goats' cheese, mature cheddar, sun dried tomato, mushroom, spinach, spring onions, served with gourmet chips and dressed watercress

First class beef curry 1028KCAL £14.45

Chicken and ham pie 909KCAL £13.95

Butternut squash and sage baked £12.95

gnocchi (V) 1061KCAL

With blue cheese crumb.

(Vegan cheese available)

### CHEF'S RECOMMENDATIONS

Served 11am - 4pm

Grilled chicken cob salad (GF) 564KCAL £13.45

Maple glazed bacon, soft boiled egg, avocado and Inca tomatoes with Dijon mustard dressing.

Festive club sandwich 1207KCAL £12.95

Breaded turkey, gherkins, brie, fried egg, spinach, mayonnaise and cranberry sauce, with gourmet chips and a choice of deli salad.

Smoked salmon florentine 790KCAL £13.45

Hot smoked salmon, wilted spinach, poached eggs and hollandaise sauce served on a toasted cheese scone with a choice of deli salad.

Glazed goat's cheese and roasted beetroot salad (V/GF) 495KCAL £12.45

Caramelised walnuts, dressed watercress and pomegranate.